



Fluggruppe Alpstein



swissleague



SHV FSVL



Contacts

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Appenzeller Kantonalbank



Radio (PMR) 7-38

To enter manually: 446.08125 / 250.3 rt-cdc  
 2-m: 157 400 (bad coverage)  
**Emergency Numbers**  
 International Emergency Number 144  
 REGA Ambulance Helicopter Rescue 1414  
 (foreign pilots +41 333 333 333)



Appenzeller Bier



In Emergencies

Secure scene of incident  
 Alarm help  
 - big injury: phone directly to the REGA  
 - small Problems (tree landing): phone to us  
 First aid  
 Who? What happend? Where? Special dangers?  
 Airway - Breathing - Circulation



OZONE PARAGLIDERS

**Report back immediately after landing**  
 Send an SMS with the text „para stop“ (without quotes) to the number +41 79 381 60 10.  
**You must report back every day**  
 You must report back if you landet in goal.  
 You must report back if you decided not to fly.

**Confirmation message**  
 You will get an automatic confirmation message  
**Pls. contact us, if you do NOT get a confirmation message!**

**Problems**  
 If the system doesn't work, please call the race office.